

Preface

Welcome to this biennial event, the 3rd Asian Preventive Cardiology and Cardiac Rehabilitation Conference cum 8th Certificate Course in Cardiac Rehabilitation. Concerted effort of our College and 22 supporting organizations including Preventive Cardiovascular Nurses Association (PCNA) of the USA, Asian Pacific Society of Cardiology, Government, non-government, academic, service organizations as well as patient group to conduct this event demonstrated our dedication to prevention.

In the past decade, great achievements in the campaign against cardiovascular diseases were evident but the incidence, morbidity and mortality continue to escalate especially in developing countries. The State of the Heart Report issued by WHF in September 2010 highlighted the on going challenges in combating cardiovascular diseases. We shall address these problems in the Conference and workshop.

The Conference will begin with the Heart Foundation Lecture focusing on fitness and psychological health. Evidence based advances in the control of cardiovascular risk factors will be addressed. Special sessions in cardiac rehabilitation and exercise are highlights of the Conference. Free paper and Poster presentations provide a platform for exchange of knowledge and skills in primary and secondary prevention of cardiovascular diseases.

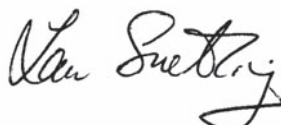
Concurrently, there will be the Jump Rope for Heart Public Conference conducted in Chinese for the local public to enhance the knowledge and skills in self-management of patients and their carers.

The 8th Cardiac Rehabilitation Workshop emphasizing on practical and behavioral issues will be conducted to provide training for healthcare workers who are involved in the cardiac rehabilitation programs.

With a total of 12 international and 65 local faculty, we are confident that the program will be up to date and useful for all attendees. Let us all join hands to make significant progress in the prevention of cardiovascular diseases.



Prof. Chu-pak LAU
Co-Chairman
Executive Committee



Dr. Suet-ting LAU
Co-Chairman
Executive Committee